

OTERO COUNTY RESOURCE GUIDE

Updated July 2019

Public Health Services

Otero County Health Office, 437-9340, 1207 E. 8th St.
Closed 12-1 for lunch daily

- Women, Infant, Children Food Supplement (WIC)
- Family Planning, STD testing; immunizations
- Children's Medical Services;
- Breast & cervical cancer screening for uninsured
- Birth certificates *Mondays only 9-4, closed for lunch*
- Families First, Alamo & Tularosa 585-2280

WIC in Alamogordo 437-9093 Open M - F 8 - 5

WIC in Holloman 572-7369, 741 W. NM Ave, HAFB
Open M, W, F 8:30 – 4:30

WIC in Tularosa 585-2163, 404 Fresno T, Th 8:30 – 4:30

WIC in Mescalero 464-0932, Wed 9 – 4

At Apache Empowerment Center

Chaparral WIC office: 575-824-4701

“BrdsNBz” textline for sexual health info, text 66746 get free advice from Registered Nurse, within 24 hours.

Pre-natal Care

Women's Health Center, 2559 Medical Dr Suite D
(575) 434-2229 (by GCRMC)

Ben Archer Medical Center 443-8133
2150 S. Hwy 54, Alamogordo

Pregnancy Help Center 434-5525

Pregnancy Tests, Limited Sonograms

Pregnancy Verifications for Medicaid

Building Blocks Program

Parent Power Workshops

24/7 Dads Group

Pediatrics

Pediatrics of Alamogordo GCRMC

2559 Medical Dr Suite A 434-1500

1212 9th St. Ste A (Thunderbird Plaza) 439-9997

Ben Archer Medical Center 443-8133;

2150 S. Hwy 54, Alamogordo

Bloom & Grow Pediatrics, Cloudcroft

575-682-2002; 1315 Burro Ave

(the following see pediatrics but do not specialize in):

Presbyterian Medical Services

Alamogordo 1501 East 10th Street 434-2960

Cloudcroft James Cnyn (Hwy 82) 682-2542

Tularosa 111 Central Avenue 585-1250

Chaparral 204 Angelina Boulevard 824-8100

White Sands Family Practice Clinic

2010 Pecan St, Alamogordo 434-9737

Dr. Dan Moezzi & Dr. Kay Banikarim

2474 Indian Wells 443-0339

White Mountain Medical 575-630-8350

121 El Paso Rd, Ruidoso

Breastfeeding Assistance

WIC in Alamogordo 437-9093

Mommy Café, 1st Thursday/ month 4:30-6:30pm

GCRMC, contact: 443-7652

Childbirth Classes

GCMC OB Floor (575) 443-7640

LCMC OB Floor (575) 257-8275

NM Doulas (575) 495-2545 nmdoulas@gmail.com

Parenting Classes

CHINS Circle of Security 434-3011

Ben Archer - Welcome Baby, Families First 443-8133

Hospitals:

Gerald Champion Regional Medical (GCRMC) 439-6100

2669 Scenic Drive, Alamogordo

Lincoln County Medical Center (LCMC) 575-257-8200

211 Sudderth, Ruidoso

Sliding Scale Clinics – Federally Qualified Health Ctrs.

Ben Archer Medical Center 443-8133, 2150 S. Hwy 54;

Presbyterian Medical Services (PMS) clinics:

Alamogordo 1501 East 10th Street 434-2960

Cloudcroft James Cnyn (Hwy 82) 682-2542

Tularosa 111 Central Avenue 585-1250

Financial Assistance for Healthcare Services

Otero County Health Services (575) 437-7427

1101 New York Ave, Alamogordo.

Also - disposition of indigent deceased persons.

<http://www.co.otero.nm.us/169/Healthcare-Services>

UNM 24-hour Nurse Advice Line 1-877-925-6877

Centennial Care Nurse advice lines

Presbyterian 1-888-730-2300

Western Sky 1-844-543-8996

Centennial Member Services

Presbyterian 1-888-977-2333

BCBS 1-866-689-1523

Western Sky 1-844-543-8996

Counseling & Support

NM CRISIS & Access Line 855 662-7474 anytime

PMS Behavioral Services 437-7404

GCRMC Behav. Health out-patient 446-5303

GCRMC in-patient 446-5300

CHINS – children's counseling 434-3011

Open Minds Healing & Recovery 489-4616

Pregnancy Crisis Center 434-5525

Canyon Light Substance Abuse Counseling 437-2453

Warm line – certified peer support 855 466-7100

Sexual Assault Exam (SANE) Hotline 430-9485

Inpatient addiction recovery Mesilla Valley Hospital -
800-877-3500

Diabetes Education 437-0231, Otero Cooperative Extension Services - call for dates and information

Diabetes Management

VDex – evila.garcia@vdexdiabetes.com
Dr. Lancaster at GCRMC, 2579 N Scenic Dr 446-5100

Domestic Violence

COPE Hotline 24-hour 437-2673 (437-COPE)
New Mexico Coalition Against Domestic Violence (Albuquerque) (505) 246-9240

Adolescent Life Planning and Juvenile Justice Support

The Counseling Center (575) 488-2500
501 24th Street. **Also provide tutoring.**

Child Care Assistance

CYFD 434-9770
CHINS 434-3011

Early Childhood Intervention

Alamogordo Headstart 434-6313
Tularosa Headstart 585-4818
La Luz Headstart 437-4485
Zia Therapy Center 439-4900
Behavior Change Institute, (575) 415-1249
1200 White Sands Blvd - Suite 121
www.BehaviorChangeInstitute.com

Car Seats

Ben Archer 575-443-8133 or 575-373-3088 for appointment; small donation required.
Car Seat clinic – once per month, call Police Dept for date & time: 439-4325 x136

Housing Assistance

Housing Authority 437-5621; 104 Avenida Amigos, Alamogordo
Habitat for Humanity 437-6562; 1109 10th St, Alamogordo
HUD voucher program, (575) 622-0881
Las Rosas, 1513 Fairview, Tularosa 585-9848
Villa De Tularosa 1205 Monte Vista 585-2859
Weatherization Assistance Program (575) 523-1639 or 1-800-657-8967 website: swnm.org

Transportation Services

Z-Trans – ask for schedule. 439-4971, <http://www.ztrans.org/>
Z-Trans also provides **Para Transit** door-to-door
Blue Cross & Blue Shield. Questions and cancellations (1-866) 418-9829 hearing impaired.
TTY (1-866) 288-3133 Must call 72 hours in advance and 24 hours for cancelation.

Epilepsy Foundation local contact:

Text: 575-322-6227 or email: ef4alamo@outlook.com

Medicaid Dentists

Kids Kare 439-5439
Ben Archer Medical Center 443-8133
Smiles Forever We Care 437-8994
Mountain View Dental 437-7900

Adult Education Services

PACE at NMSU-A 439-3812 Group & individual instruction preparation for diploma equivalency exams; English as a second language (ESL); college prep.
NMSU-Alamogordo 575-439-3600 <https://nmsua.edu/>

Aging & Disability Resource Center 800-432-2080

Independent Living Resource Center
439-1112 v/tty; 9th & Cuba Ave. Advocacy for persons with disabilities and Medicaid Assisted Services Program

Special Needs/ Developmentally Delayed

Zia Therapy Center, 439-4900; 900 1st Street
Preschool services; services for developmentally delayed or disabled clients, respite. Early Intervention screening.
<http://www.ziatherapy.org/>

Parents Reaching Out (Albuquerque- serves all of New Mexico) (800) 524-5176 family support with special needs, information, referrals, support.

Children Youth Families Department (CYFD)

434-5950 Adoption, counseling, day care subsidy, Information & referral. Protective services for children, youth services, critical care in-home. Foster care.

Child Protective Services hotline (855) 333-7233
or #7233 from cell phone

Support Groups

Alcoholics Anonymous 430-9502 (Otero & Lincoln hotline) Groups in Alamogordo, Tularosa, Cloudcroft, Mayhill.
For up-to-date meeting days/ times/ locations: <https://nm-aa.org/> or call 430-9502.

Al-a-Non support group for families:

Our Savior Church, 437-2970 Thursdays noon
1212 Washington, Alamogordo

Bethel Baptist Church, 437-7311, Mon. & Thurs. 7pm
1316 Scenic, Alamogordo

Over-eaters Anonymous Bethel Baptist, Thurs. 5:45 pm
Grief Support Group Bethel Baptist; Sundays 6pm
except 1st Sunday/ month.

Type 1 Diabetes – Facebook “Club T1 Alamogordo”
Meets 2nd Tuesday, 6pm

Post-partum support group: 2nd & 4th Monday 10am @ GCRMC conf room 1&2. contact: (915) 637-6114

NAMI Family Support Group, 921-2773; 1st and 3rd Mondays 530pm @ GCRMC conf room 3 & 4

Caregiver Support Group; (503) 929-7892; 4th Thursday 11am @ GCRMC conf room 3 & 4

Gay Straight Alliance at Alamogordo High School, contact: Jane at 812-6500

Senior Centers & Meals

Alamogordo 439-4150; 2201 Puerto Rico Ave
Information, services, Meals on Wheels and group meals

Tularosa Senior Center

(575) 585-4532; 35 Radio Road, Tularosa

Sacramento Mountains Senior Center (Three locations)

682-3022 <http://www.mtnseniors.com/>

Commodity Supplemental Food Program (CSFP)

575-622-8700 Available in Alamogordo, Tularosa & Mescalero. **Seniors only**, over age 60

Self Help - legal referrals

Self Help walk-in program 437-7310 x 146 & 147
Courthouse, 1000 New York Ave, 2nd floor. M – F 8-5

Financial and materials assistance:

Southwest Community Action Corporation

906 Adams in Alamogordo 437-1364

Rental, mortgage, utility, and prescription assistance

Love INC

2826 Indian Wells Road 439-5683 **Call for appointment**

Professional clothes closet; furniture needs; community garden; PNM benevolence fund; food pantry, other gaps.

VSSG & Paula's Amazing Grace 303 B Canal Street

Call 489-3465

Help lines/ Hot Lines

Adult Protective Services (866) 654-3219

COPE Crisis Line Domestic Abuse (575) 437-2673

NM Crisis & Access Line (855) 662-7474

NM Peer warm line (855) 466-7100

PMS Behavioral Health (575) 437-7404

CYFD Child Protective Services (855) 333-SAFE

or #7233 from cell phone

NM Child Support help line (800) 288-7207

American Diabetes (800) 232-3472

CDC AIDS Hotline (800) 232-4636

National Child Abuse Hotline (800)-422-4453

National Drug Abuse Hotline (800)-662-4357

National Poison Control (800)-222-1222

Suicide.org (866) 435-7166

Agora Crisis Ctr. (866) 435-7166 or (505) 277-3013

Chat line: www.crisischat.org

National Suicide Hotline (800) 273-8255

Sexual Assault Nurse Exam Hotline (575) 430-9485

12th Judicial Victim Assist. (575) 437-3640

Child Support Hotline 1-800-288-7207

Legal Aid 1-833-545-4357

LGBTQ+ support website pflag.org

Department of Veterans' services: 437-4635

411 10th Street, room 107

VA Primary Care Clinic – Alamogordo

437-9195 White Sands Mall

Veteran's housing assistance:

Operation Homefront 877-264-3968,

<http://www.operationhomefront.org/>

Housing Assistance for Veterans (HAVEN)

[https://www.fhfb.com/community/Pages/Housing-](https://www.fhfb.com/community/Pages/Housing-Assistance-for-Veterans-Program.aspx)

[Assistance-for-Veterans-Program.aspx](https://www.fhfb.com/community/Pages/Housing-Assistance-for-Veterans-Program.aspx)

(call for availability of funds)

Lowe's Home Improvement 442-4000

Home Depot 443-8015

USDA program for rehab grant

[https://www.rd.usda.gov/programs-services/single-](https://www.rd.usda.gov/programs-services/single-family-housing-repair-loans-grants)

[family-housing-repair-loans-grants](https://www.rd.usda.gov/programs-services/single-family-housing-repair-loans-grants)

Suicide prevention training:

<https://www.forwardflag.org/about.html>

QPR training: Maureen Schmittle at local Health Office,
437-9340 ext 5

Vision needs/ eye-glass assistance

Lions Club - application can be picked up at Twice Blessed Thrift Shop, 2920 N White Sands Blvd.

Other Services

Income Support Div. 437-9260/1-800-826-4468

2000 Juniper Ave

Lost Medicaid card 1-888-997-2583

NM Workforce Connection 437-9210

901 Alaska Ave

Baby's First Wish Newsletter 437-0231

Social Security Adm 1-800-772-1213

Area code (575) when not specified.

Location Alamogordo when not specified.

For a complete list of Behavioral Health Providers, please request the "Community Mental Health Guide" printed by Alamogordo Public Schools. Most recent update available: July 2019.

For a complete list of community meals and area food pantries, see the "Food Pantry and Meal Guide" or contact Maureen at 437-9340 ext. 5 or email maureen.schmittle@state.nm.us

For resource information in Chaparral NM, contact Jazmine Saenz at (575) 824-3454 x106 or jazmine.saenz@state.nm.us

Call 437-9340 ext. 5 or email maureen.schmittle@state.nm.us to update information on this list, or to request electronic copies.