




















January 2021

<p>1% Low Fat Milk Served Daily</p> <p>Suggested Donation: \$2.50</p> <p>Menu Subject to Change</p> <p><i>Lunch Served from 11:00am-1:00pm</i></p>				<p>1 - Friday</p> <p>ASC Closed</p> <p><i>happy new year 2021</i></p>
<p>4 - Monday</p> <p>Ham & Beans</p> <p>Beets Cornbread Sugar Cookie Mandarin Oranges</p> 	<p>5 - Tuesday</p> <p>Chicken Fried Steak</p> <p>Mashed Potatoes w/ Gravy Mixed Vegetables Whole Wheat Roll Strawberries Vanilla Wafers</p>	<p>6 - Wednesday</p> <p>Chicken Pot Pie</p> <p>Green Beans & Onions Beets Apple Crisp</p>  	<p>7 - Thursday</p> <p>Green Chile Beef Enchiladas</p> <p>Lettuce & Tomato Pinto Beans Spanish Rice Ice Cream Strawberries</p>	<p>8 - Friday</p> <p>Hamburger Mac</p> <p>Green Beans Corn Peanut Butter Cookie</p> 
<p>11 - Monday</p> <p>Kraut Dog</p> <p>California Vegetables Potato Tots Tropical Fruit</p>  	<p>12 - Tuesday</p> <p>Sour Cream Enchiladas</p> <p>Lettuce & Tomato Spanish Rice Pinto Beans Fruit Cocktail</p> 	<p>13 - Wednesday</p> <p>Swiss Steak</p> <p>Baked Potato Steamed Cabbage Whole Wheat Roll Pineapple</p>	<p>14 - Thursday</p> <p>Pork Butt Roast</p> <p>Mashed Potatoes w/ Gravy Asparagus Whole Wheat Roll Applesauce</p> 	<p>15 - Friday</p> <p>Catfish Nuggets</p> <p>Tartar Sauce Coleslaw Green Beans Cornbread Pineapple Upside-Down Cake</p>
<p>18 - Monday</p> <p>ASC Closed</p> <p><i>Our lives begin to end the day we become silent about things that matter.</i></p> <p><i>Martin Luther King, Jr.</i></p> 	<p>19 - Tuesday</p> <p>Stuffed Peppers</p> <p>Au Gratin Potatoes Green Beans Biscuit Tropical Fruit</p>  	<p>20 - Wednesday</p> <p>Baked Ham</p> <p>Yams Asparagus Whole Wheat Roll Pineapple Upside-Down Cake</p>	<p>21 - Thursday</p> <p>Chicken Teriyaki</p> <p>Cucumber Salad Steamed Rice Oriental Vegetables Whole Wheat Roll Sugar Cookie</p>	<p>22 - Friday</p> <p>Green Chile Pork Stew</p> <p>Salad w/ Dressing Cornbread Peanut Butter Cookie</p> 
<p>25 - Monday</p> <p>Baked Cod</p> <p>Rice Pilaf Coleslaw Mixed Vegetables Hush Puppies Chocolate Cake</p>	<p>26 - Tuesday</p> <p>Chicken Tacos</p> <p>Lettuce & Tomato Pinto Beans Rice Pudding</p>   	<p>27 - Wednesday</p> <p>Beef Fajitas</p> <p>Tortilla Pinto Beans Oatmeal Cookie Jell-O w/ Apricots</p>	<p>28 - Thursday</p> <p>Green Chile Chicken Enchiladas</p> <p>Lettuce & Tomato Pinto Beans Spanish Rice Peaches</p>  	<p>29 - Friday</p> <p>Pepper Steak</p> <p>Baked Potato California Vegetables Whole Wheat Roll Cherry Cobbler</p> 

Our monthly menus are verified by a dietician in order to ensure that nutritional standards are met.